For the LGBTQ COMMUNITY

What to do when Abuse Happens

Signs of Abuse - Does your partner:

- Tell you that no one else will accept / love you because of your sexual orientation or gender expression
- Threaten to reveal to others that you cross-dress or are transgender
- Threaten to "out" you to family, friends, co-workers or others
- Assault your surgically/medically altered body parts
- Disrespect your identified gender
- Coerce you into changing your body
- Refuse to call you by your correct pronouns
- Hurt you by criticizing, embarrassing or putting you down
- Try to control what you do, say or wear
- Try to control where you go
- Call, E-mail or text you constantly
- Become jealous or accuse you of cheating
- Prevent access to money or important documents
- Destroy things you value
- Force you to have sex
- Blame you for his/her abusive behavior
- Repeatedly apologize after assaults with promises to change
- Spread lies and rumors about you
- Threaten to report you to Child Protective Services or immigration authorities
- Threaten to hurt your children, family, friends or pets
- Threaten to take away your children or pets
- Threaten to expose your LGBT identity
- Threaten to commit suicide
- Threaten or hurt you with weapons or other objects

Violence targeted at people because of their real or perceived sexuality or gender identity can be psychological or physical.

Hate crimes can include physical attacks, rapes and more. Bullying or mobbing (action done by a group) is the use of force or coercion to abuse or intimidate others. These actions may be influenced by cultural, religious, or political mores and biases. If you think you may be abused or are not sure - call and talk it over with someone who understands your needs. The services offered can help you to develop a Safety Plan and discuss other options for increasing your safety.

In an emergency, please dial 9-1-1

FREE and CONFIDENTIAL

Westchester.gov.com

George Latimer, County Executive
Robin Schaal, Director
Office for Women

#MyWestchester
post your pic
Help is always here when you need it.

Helpful phone numbers

Office for Women Family Helpline
Weekdays 9 a.m. to 5 p.m. .......... 914.995.5972
In Spanish, White Plains .......... 914.995.5861
In Spanish, Yonkers ............. 914.231.2882
After hours and weekends .......... 914.995.2099
women.westchestergov.com

24-Hour Hotlines/Shelters*/Counseling/Advocacy/Non-Residential Services
Hope's Door Inc. .......... 888.438.8700
The LOFT ............. 914.948.2932
My Sisters' Place Inc.* .......... 800.288.7233
Putnam/Northern Westchester
Women's Resource Center* .......... 845.628.2166
Center for Safety & Change* .......... 845.534.3344
* Shelters - Female/Female Identified Only
If there are no beds in these shelters, please call:
Department of Social Services
Weekdays 9 a.m. to 5 p.m. .......... 914.995.5000
After hours/weekends .......... 914.995.2099

For Help with Sexual Assault or Incest
Victims Assistance Services .......... 914.345.3113

Hudson Valley Community Services, Inc.
(Formerly ARCS) provides HIV/AIDS services in New York's Hudson Valley region.
FREE - confidential testing. Spanish-speaking counselors are available.
For HIV testing, call .......... 914.345.8888
arcs.org

For domestic violence services throughout New York and the United States call:
NYS DV Hotline .......... 800.942.6906
National DV Hotline .......... 800.779.7233

To Report Child Abuse
New York State Registry .......... 800.342.3720

To Report Animal Abuse
ASPCA of Westchester .......... 914.941.7797

No One
has the right to hit, threaten or harass you - not your partner, spouse, parent, children or stranger. Any victim or victim of crime can report incidents to their local police department for further investigation. Know the signs of abuse. Then, ask for help.

There's help, if you need it.

It's free, confidential and NO NAMES are needed.

Resources

- Center Lane (Youth) 914.958.1006 White Plains 914.493.1753 Yonkers
  Web site: centerlaney.org

- Gay, Lesbian and Straight Education Network (GLSEN) 914.962.7888
  E-mail: westchesterny@chapters.glsen.org

- Lambda Peer Support Services 914.514.3220
  E-mail: lambdapeers@aol.com

- The LOFT: LGBT Community Services Center 914.948.2932
  E-mail: info@loftgaycenter.org

- New York Transgender Right Organization 914.514.3220
  E-mail: lgbt.westchestergov.com/support-services/transgender

- Parents, Families & Friends of Lesbians, Gays, Bisexual and Transgender Persons: PFLAG Westchester
  English: 914.468.4636
  Spanish: 914.967.9429
  E-mail: info@pflagwestchester.org
  Web site: pflagwestchester.org

- Gay and Lesbian National Hotline 888.843.4564
  Web site: glhn.org

- National Coalition of Anti-Violence Programs (NCAPV) 212.714.1141 24-hour HOTLINE
  Web site: avp.org

- Westchester County Human Rights Commission 914.995.7710
  Web site: humanrights.westchestergov.com

- The LGBT Advisory Board 914.995.7715 holds monthly meetings; open to the public
  Web site: lgbt.westchestergov.com