

January 2026



Sleepy Hollow Seniors
55 Elm St.
Sleepy Hollow, NY 10591



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				HAPPY 1 NEW YEAR 2026! SENIOR CENTER CLOSED	2 NO ACTIVITIES	3
4	5 9:30am Exercise with Robin	6 9:30am Pickleball with Robin 1:00pm BINGO	7 9:30am Exercise with Robin *Meet up at SH COFFEE TOO 12pm	8 10:15am Yoga with Tara 11:00am MahJong	9 8:30am walking club with Robin 1:00pm Knitting	10
11	12 9:30am Exercise with Robin 12:00pm J&G Lunch (Hot Sandwiches) \$10 *Guest speaker-12PM	13 9:30am Pickleball with Robin 1:00pm BINGO	14 9:30am Exercise with Robin	15 10:15am Yoga with Tara 11:00am MagJong	16 8:30am walking club with Robin 1:00pm Knitting	17
18	19 CENTER CLOSED MARTIN LUTHER KING JR. DAY	20 9:30am Exercise with Robin 1:00pm BINGO	21 9:30am Exercise with Robin 12:00pm Penny Social at senior center	22 10:15 am Yoga with Tara 11:00am MahJong 12:00pm Ceramics	23 8:30am walking club with Robin 1:00am Knitting	24
25	26 9:30am Exercise with Robin *11:00am Learn to make pizza with Maria	27 9:30am Pickleball with Robin 1:00pm BINGO	28 9:30am Exercise with Robin	29 10:15am Yoga with Tara 11:00am MahJong 12:00pm Movie Day (movie TBA)	30 8:30am walking club with Robin 1:00pm Knitting	31

Senior Van Hours:

9:00am - 12:00pm

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Contact office to book transportation or for any other information

366-5109